### INTERNATIONAL STUDY PROGRAMMES

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# 1 WEEK COURSE FOR EUROPEAN EDUCATORS ON PREVENTING BULLYING IN PRIMARY AND SECONDARY SCHOOLS SOUTHAMPTON: SUNDAY 19 NOVEMBER – SUNDAY 26 NOVEMBER 2017

#### COURSE OBJECTIVES:

This course aims to provide educators with:

- an insight into anti-bullying strategies in British schools
- skills and knowledge to address bullying effectively
- an opportunity to exchange experiences and knowledge with educators from other countries

#### COURSE CONTENT:

- 1. Lecture: The English Education System: National Curriculum, Key Stages, Recent Developments and Current Issues.
- 2. Workshop with the Anti-Bullying Alliance on strategies to use with different age groups to detect and prevent bullying and cyber-bullying including gender related bullying, homophobic bullying, appearance related bullying, bullying of disabled and special needs children, racism and religious bullying.
  The workshop will include:
  - classroom activities and resources to engender respect for difference and diversity in children and young people and in society in general
  - a range of positive strategies to deal with bullying, including preparing children to become helpful bystanders
  - strategies to actively challenge the use of humiliation, fear and ridicule in an effort to reduce bullying and discrimination.
- 3. Day visit to a Primary School (ages 4-11). Tour of the school.

  Lecture and discussion with the headteacher on strategies for detecting and preventing bullying and support for victims of bullying.

  Observe PSHE (Personal, Social and Health Education) lessons on Diversity / Anti-Bullying / Conflict Resolution.
- 4. Day visit to a Secondary School (Comprehensive school: ages 11-16). Tour of school.

  Lecture and discussion with the headteacher on strategies for detecting and preventing aggressive behaviour and bullying.

  Observe PSHE (Personal, Social and Health Education) lessons on Diversity / Anti-Bullying / Conflict Resolution.
- 5. **Exchange Experiences:** Participants who wish to do so are invited to give a presentation on Anti-bullying strategies in their own schools / countries.
- 6. Cultural Studies: Winchester.

#### LOCATION:

**SOUTHAMPTON, England:** Population: 220,000; 80 miles (128 kilometres) south-west of London (1¼ hours by rail). Southampton is a pleasant university town and an important port situated on the south coast, within easy reach of the New Forest, Winchester, Salisbury, Portsmouth, Bournemouth and the Isle of Wight. There is an historic old town, interesting museums, a new waterside development and an excellent shopping centre.

# TOTAL PRICE: 1447 Euro comprising:

#### (a) COURSE FEE to include:

Full programme of study sessions and visits as itemised above.

NB. Participants are responsible for paying their own daily transport costs, including visits to schools. Any optional visits are not included in the price.

#### (b) HOST FAMILY ACCOMMODATION to include:

Full board accommodation with a local family (inclusive of registration fee): 7 nights

(Teachers may request to be the only guest of their mother tongue or to stay in the same family as a colleague).

Host families are carefully selected and offer a friendly welcome and opportunities to chat and learn more about life in Britain today.

Participants often find that the experience of staying with a host family is one of the most memorable aspects of the course. Accommodation is in single rooms (unless participants request to share). Breakfast, packed lunch and evening meal are provided by the host family. (Food allergies, likes and dislikes are taken into account.)

Please note that many of the suitable residential areas are not within walking distance of the town centre, and most host families are an easy bus ride from the town centre/tuition centre. Local transport from host families to the town centre and local schools is at the participants' own expense and is likely to cost 15-30 Euro per week.

Additional nights with host families can be arranged, giving participants extra time for individual research and visits. Accommodation can be provided for family members (but not unaccompanied children) subject to availability. (Rates on request).

#### Alternatively

Hotel accommodation – 4 star hotel in central location – Bed & Breakfast only (single rooms ensuite) is available.

Total fee including course + hotel accommodation: 1734 Euro.

#### PAYMENT

Full payment will be due 2 months before the course begins, or for teachers awaiting funding – as soon as the grant is received.

Cancellation charges apply for cancellations 4 weeks or less before the course commences. 3-4 weeks before arrival: cancellation fee: 380 Euros.

No refund for cancellations within 3 weeks of arrival. Applicants are strongly advised to take out cancellation insurance.

**PREPARATION:** Participants complete a detailed questionnaire before the course starts to indicate their background and particular interests. Participants are asked to come prepared to discuss School Improvement & Quality Evaluation in their own country with participants of other European nationalities.

**OUTCOMES:** By the end of the course participants will have gained a deeper knowledge of issues concerning School Improvement and Quality Evaluation in England (and various other European Countries), which will hopefully inform and enrich their own work in this field.

**EVALUATION:** At the end of the course educators participate in a detailed evaluation of the course.

**FOLLOW UP:** At the end of the course participants are asked to consider which aspects are most relevant to their own situation, They are encouraged to remain in email contact with fellow participants.

#### TRAVEL:

Transport at the beginning and end of the course is not provided and International Study Programmes regrets that it is unable to assist with travel arrangements.

The most convenient airports: Southampton (rail to city centre), Heathrow (direct National Express coach to Southampton) or Gatwick (direct coach or rail to Southampton). If arriving at other airports, travel to the course location is generally via central London by coach or rail.

For enquiries and timetables:

National Express Coach: www.nationalexpress.com 0044-871 781 81 81 Rail: www.thetrainline.com 0044-871 244 15 45

There is also a useful website www.traveline.info which will assist in planning a journey within the UK using every form of transport.

#### INTERNATIONAL STUDY PROGRAMMES

INTERNATIONAL STUDY PROGRAMMES has over 30 years' experience in designing teacher development courses for European Ministries of Education, teacher-training institutes and schools and has a well-founded reputation for providing quality courses.

ISP is an experienced provider of European Union funded programmes in the UK. As a course provider with many courses in the former Comenius Database and now in cooperation with many Erasmus+ funded schools, ISP has successfully arranged a wide variety of courses for thousands of European teachers funded by the European Union.

ISP offers an unusually wide variety of teacher development courses, not only for teachers of English and CLIL but also for teachers of other subjects including science, music, art and drama as well as for headteachers and inspectors, in a wide variety of locations in England, Wales, Scotland and Northern Ireland. Each course is designed to meet the training needs of specific types of teachers.

## ERASMUS\* GRANTS:

Schools may apply for Erasmus+: Key Action 1 funding for their teachers to attend courses in the UK.

(Individual teachers may no longer apply for grants.)

Teachers with Erasmus+ funding and those paying with their own or other funds are welcome to apply for listed ISP courses.

ISP is also pleased to design tailor-made courses to meet the needs of closed groups of teachers from one school.

The next annual Erasmus+ deadline is in February 2017 for courses starting 01 July 2017 - 30 June 2018.

Schools should first register on-line to obtain a Personal Identification Code (PIC) number for the school.

Applications for funding should then be made on-line to applicants' National Agency for Erasmus+.

International Study Programmes will be happy to help with information and advice for your school's Erasmus+ application.

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# SOUTHAMPTON: SUNDAY 19 NOVEMBER - SUNDAY 26 NOVEMBER 2017

# **DRAFT PROGRAMME**

DAY & DATE	MORNING	AFTERNOON	EVENING
SUNDAY 19 NOVEMBER			Arrive Southampton
MONDAY 20 NOVEMBER	0900- Welcome & Introduction 1000 1030- Lecture: The English Education 1315 System:	1415- Walking Tour of historic 1545 Southampton	
TUESDAY 21 NOVEMBER	0900- Workshop with the Anti-Bullying 1200 Alliance on strategies to prevent bullying and cyber-bullying	1300- Workshop with the Anti-Bullying 1600 Alliance on strategies to prevent bullying and cyber-bullying	
WEDNESDAY 22 NOVEMBER	0830-Day visit to a primary school 1600 Lecture & Discussion with the headteacher on strategies for preventing bullying and support for victims of bullying. Observe PSHE (Personal, Social and Health Education) lessons on Diversity / Anti-Bullying / Conflict Resolution. Tour of the school.		Optional evening in an historic pub
THURSDAY 23 NOVEMBER	0900- Opportunity for participants to 1230 exchange experiences. Participants who wish to do so are invited to give a presentation on Anti-Bullying strategies in their own schools / countries.	1400- Reception with the Mayor 1530	
FRIDAY 24 NOVEMBER	0830- Day visit to a Secondary School 1600 Lecture & Discussion with the headteacher on strategies for preventing aggressive behaviour and bullying. Observe PSHE lessons on Diversity / Anti-Bullying / Conflict Resolution. Tour of the school.		
SATURDAY 25 NOVEMBER	0900- Cultural visit to Winchester 1800		
SUNDAY 26 NOVEMBER	Depart Southampton		