

## **INTERNATIONAL STUDY PROGRAMMES**

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### **OUTDOOR & ENVIRONMENTAL EDUCATION**

#### **2 WEEK COURSE FOR EUROPEAN EDUCATORS (Primary and Secondary Level)**

**CHELMSFORD: SUNDAY 7 OCTOBER – SATURDAY 20 OCTOBER 2018**

#### **COURSE OBJECTIVES:**

The course provides teachers with:

- practical skills, teaching ideas and materials for Outdoor and Environmental Education
- an opportunity to visit British primary or secondary schools and to exchange ideas and develop links with teachers from Britain and other European countries

#### **COURSE CONTENT:**

##### **1. Workshop on Outdoor Learning**

- Introduction to the concept and benefits of Outdoor Learning.
- Links to curriculum.
- Practical hands-on sessions on how to use outdoor learning resource cards to deliver a range of exciting & inspirational learning activities.
- Discussions on differentiation for different ages & abilities (mainly ages 5-14) & adaptations for special needs.
- Opportunity to engage in an outdoor activity, eg. climbing, high ropes, quad bikes.

##### **2. Workshop on Environmental Outdoor Learning at an Outdoor Education Centre - using Environmental Learning Cards in 4 areas of learning**

- Awareness & Experience
- Explore & Understand
- Sustain & Conserve
- Create & Share

##### **3. Forest School Teacher Skills Training at an Outdoor Education Centre-**

practical training to give teachers the skills they need to be able to confidently run Forest School sessions with their pupils including use of tools such as knives and axes, whittling, wild food/ foraging, fire-lighting, shelter-building, ropes & swings.

Forest School is an outdoor learning opportunity giving children first hand experience of the natural world and a range of practical skills – a style of learning which promotes children's independence, self-motivation and confidence.

##### **4. Workshop on Recycling:** teaching materials and activities for primary & secondary schools.

##### **5. Workshop at Anglian Water Education Centre** (at a water recycling centre).

##### **6. Art workshop using recycled materials.**

##### **7. Observe an outdoor education day for a school group** at an Outdoor Education Centre

##### **8. Day visit to a primary or secondary school.** Observe lessons and opportunity for discussion with teachers on Outdoor and Environmental Education in the school.

##### **9. Day visit to a primary school** which engages in Forest School Activities. Observe outdoor lessons and opportunity for discussion with teachers on Outdoor and Environmental Education in the school.

##### **10. Day visit to London.** Visit the Natural History Museum.

#### **LOCATION:**

**CHELMSFORD, England:** Population: 156,000, 37 miles (60 kilometres) north-east of London (½ hour by rail).

The county town of Essex, Chelmsford is a pleasant town in an attractive rural area with many pretty villages. It has good shopping and sports facilities and is very conveniently situated for visits to London as well as Cambridge.

## **~~TOTAL PRICE:~~ 1998 Euro** comprises:

### **(a) COURSE FEE:** to include:

Full programme of study sessions and visits as itemised above.

NB. Participants are responsible for paying their own daily transport costs, including transport to schools. Optional visits are not included in the price.

### **(b) HOST FAMILY ACCOMMODATION:** to include:

Full board accommodation with a local family (inclusive of registration fee): 13 nights  
(Teachers may request to be the only guest of their mother tongue or to stay in the same family as a colleague).

Host families are carefully selected and offer a friendly welcome and opportunities to chat and learn more about life in Britain today. Participants often find that the experience of staying with a host family is one of the most memorable aspects of the course. Accommodation is in single rooms (unless participants request to share). Breakfast, packed lunch and evening meal are provided by the host family. (Food allergies, likes and dislikes are taken into account.)

Please note that many of the suitable residential areas are not within walking distance of the town centre, and most host families are an easy bus ride from the town centre/tuition centre. Local transport from host families to the town centre and local schools is at the participants' own expense and is likely to cost 15-30 Euro per week.

Additional nights with host families can be arranged, giving participants extra time for individual research and visits. Accommodation can be provided for family members (but not unaccompanied children) subject to availability. (Rates on request).

Participants wishing to arrange their own (hotel or self-catering) accommodation may pay a fee for the course only.

## **PAYMENT:**

Full payment will be due 2 months before the course begins, or for teachers awaiting funding – as soon as the grant is received. Cancellation charges apply for cancellations 4 weeks or less before the course commences. 3-4 weeks before arrival: cancellation fee: 380 Euros. No refund for cancellations within 3 weeks of arrival. Applicants are strongly advised to take out cancellation insurance.

## **TRAVEL:**

Transport at the beginning and end of the course is not provided and International Study Programmes regrets that it is unable to assist with travel arrangements. The most convenient airport for Chelmsford is Stansted, as there is a direct bus link to Chelmsford. If arriving at other airports, travel to Chelmsford is via central London.

For enquiries and timetables:

National Express Coach:

[www.nationalexpress.com](http://www.nationalexpress.com)

0044-871 781 81 81

Rail:

[www.thetrainline.com](http://www.thetrainline.com)

0044-871 244 15 45

There is also a useful website [www.traveline.info](http://www.traveline.info) which will assist in planning a journey within the UK using every form of transport.

## **~~INTERNATIONAL STUDY PROGRAMMES:~~**

**INTERNATIONAL STUDY PROGRAMMES has over 30 years' experience in designing teacher development courses for European Ministries of Education, teacher-training institutes and schools and has a well-founded reputation for providing quality courses.**

**ISP is an experienced provider of European Union funded programmes in the UK. As a course provider with many courses in the former Comenius Database and now in cooperation with many Erasmus+ funded schools, ISP has successfully arranged a wide variety of courses for thousands of European teachers funded by the European Union.**

**ISP offers an unusually wide variety of teacher development courses, not only for teachers of English and CLIL but also for teachers of other subjects including science, music, art and drama as well as for headteachers and inspectors, in a wide variety of locations in England, Wales, Scotland and Northern Ireland. Each course is designed to meet the training needs of specific types of teachers.**

## **~~ERASMUS+ GRANTS:~~**

**Schools may apply for Erasmus+: Key Action 1 funding for their teachers to attend courses in the UK.**

(Individual teachers may no longer apply for grants.)

Teachers with Erasmus+ funding and those paying with their own or other funds are welcome to apply for listed ISP courses.

ISP is also pleased to design tailor-made courses to meet the needs of closed groups of teachers from one school.

The annual Erasmus+ deadline is 2 February 2017 for courses starting 1 June 2017 – 31 December 2018, and in February 2018 for courses starting 1 June 2018 – 31 December 2019.

Schools should first register on-line to obtain a Personal Identification Code (PIC) number for the school.

Applications for funding should then be made on-line to applicants' National Agency for Erasmus+.

International Study Programmes will be happy to help with information and advice for your school's Erasmus+ application.

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**CHELMSFORD: SUNDAY 7 OCTOBER – SATURDAY 20 OCTOBER 2018**  
**DRAFT PROGRAMME**

DAY & DATE	MORNING	AFTERNOON	EVENING
SUNDAY 7 OCTOBER			Arrive Chelmsford
MONDAY 8 OCTOBER	0900- Welcome & Introduction 0930  1000- Observe an outdoor education day for a school group at an Outdoor Education Centre 1500		
TUESDAY 9 OCTOBER	0930- Workshop on Outdoor Learning at an Outdoor Education Centre: 1630 <ul style="list-style-type: none"> <li>• Introduction to the concept and benefits of Outdoor Learning.</li> <li>• Links to curriculum.</li> <li>• Practical hands-on sessions on how to use outdoor learning resource cards to deliver a range of exciting &amp; inspirational learning activities.</li> <li>• Discussions on differentiation for different ages &amp; abilities (mainly ages 6-14) &amp; adaptations for special needs.</li> <li>• Opportunity to engage in an outdoor activity, eg. climbing, high ropes, quad bikes</li> </ul>		
WEDNESDAY 10 OCTOBER	0900- Educational visit to London. Visit the Natural History Museum 2000		
THURSDAY 11 OCTOBER	0930- Forest School Teacher Skills Training at an Outdoor Education Centre - 1630 practical training to give teachers the skills they need to be able to confidently run Forest School sessions with their pupils including use of tools such as knives and axes, whittling, wild food/ foraging, fire-lighting, shelter-building, ropes & swings.		
FRIDAY 12 OCTOBER	0900- Workshop on Environmental Outdoor 1300 Learning at an Outdoor Education Centre – using Environmental Learning Cards in 4 areas of learning: <ul style="list-style-type: none"> <li>• Awareness &amp; Experience</li> <li>• Explore &amp; Understand</li> <li>• Sustain &amp; Conserve</li> <li>• Create &amp; Share</li> </ul>	Free for individual research or Optional visit to the historic coastal town of Maldon	
SATURDAY 13 OCTOBER	Free for individual research or optional visit eg. London		
SUNDAY 14 OCTOBER	Free for individual research or optional visit eg. Cambridge		
MONDAY 15 OCTOBER	0900- Workshop on Recycling: teaching materials 1200 & activities for primary & secondary schools	1400- Lecture: The English Education 1630 System	
TUESDAY 16 OCTOBER	0830- Day visit to a primary or secondary school 1600 Observe lessons and opportunity for discussion with teachers on Outdoor and Environmental Education in the school		Optional evening in an historic pub
WEDNESDAY 17 OCTOBER	0900- Art workshop using recycled materials 1300	1430- Visit Chelmsford Museum 1600	
THURSDAY 18 OCTOBER	0830- Day visit to a primary school which engages in Forest School Activities. 1600 Observe outdoor lessons and opportunity for discussion with teachers on Outdoor and Environmental Education in the school		
FRIDAY 19 OCTOBER	0900- Workshop at Anglian Water Education 1230 Centre (at a water recycling centre)	1400- Evaluation session 1530	
SATURDAY 20 OCTOBER	Depart Chelmsford		